

# Meal Plan

## ***Monday***

Breakfast – Breakfast Bar: bacon, eggs, muffins, bagels, fruit

Lunch – Uncrustables

– Sides: chips & cuties

Dinner – Chick-fil-a

Dessert – Brownies

## ***Tuesday***

Breakfast – Breakfast Bar: bacon, eggs, muffins, bagels, fruit

Lunch – BBQ Pork Sandwich

– Sides: chips & apple sauce

Dinner – Chicken

– Sides: rice and vegetables

Dessert – Rice Krispies



## ***Wednesday***

Breakfast - Breakfast Bar: bacon, eggs, muffins, bagels, fruit

Lunch – Turkey & Ham Sandwiches

– Sides: chips & grapes

Dinner – Pizza

– Sides: salad

Dessert – Churros

## ***Thursday***

Breakfast - Breakfast Bar: bacon, eggs, muffins, bagels, fruit

Lunch – Chicken tenders

– Sides: french fries & apples

Dinner – Spaghetti and Meatballs

– Sides: salad

## ***Friday***

Dinner – Hamburgers & Hotdogs

– Sides: chips & watermelon

Dessert – Ice Cream Sandwiches

